

# Trinity spine care

Trinity's Spine Medicine experts specialize in non-surgical and surgical management of spine-related disorders. Trinity provides a team approach to the evaluation, diagnosis and treatment of back, neck and other spine problems.

Our neurosurgeons and orthopedic surgeons are able to coordinate with other specialists such as oncology, radiology, internal medicine, pain medicine and physical medicine and rehabilitation, to fully address the impact a spinal disorder or injury can have on a patient's quality of life. Our state-of-the-art facilities at Trinity allow our board-certified surgeons to provide you with advanced and specialized procedures specifically for your needs.

A few of the many treatments we provide:

- Anterior and posterior spinal surgery
- Endoscopic lumbar discectomy
- Spinal decompression
- Minimally-invasive discectomy
- Cervical decompressions and fusions
- Anterior lumbar interbody fusions
- Extreme lateral interbody fusions



Experts from multiple medical disciplines make Trinity the right choice for anyone with spinal disorders – from those who have never had back treatment to those who have had surgery and are still experiencing pain and loss of function.

Trinity is committed to providing comprehensive care before and after your surgery. We have many services and programs to help you in your recovery including:

- Pain Management Center
- Physical Therapy
- Behavioral Medicine
- Rehabilitation
- Home Health Care

Through an evaluation of current lifestyle factors and pain areas including back and leg pain, Trinity can help you evaluate your risk for spinal disorders. Take our FREE SpineAware assessment now at [TrinityHealthAware.com](http://TrinityHealthAware.com).



## Spine Care Team



Michael Berry, M.D.



R. Scott Collins, M.D.



Michael Dolphin, D.O.



Myles Luszczyk, D.O.



Tim Millea, M.D.



Robert Milas, M.D.



Srinivasan Purighalla, M.D.



Todd Ridenour, M.D.



Susan Wilson,  
R.N.F.A., C.N.O.R.



Moline • Rock Island • Bettendorf • Muscatine

# It's like GPS in the OR

## Restoring lives through surgical navigation.

Trinity is an established leader in delivering spine care to our region. As continued evidence of this, we are proud to announce the addition of surgical navigation technology. Much like a GPS system in an automobile, surgeons utilize specialized Smart Instruments and computer software to track in real-time the exact position of instruments and implants during surgery. This technology is so advanced it enables our surgeons to operate with enhanced visualization and more accuracy than ever before.



Surgical navigation is revolutionizing spine surgery. With this technology our surgeons are able to operate with smaller incisions, making minimally invasive procedures more possible. If you are considering spine surgery and want care with leading edge technology, call Trinity's My Nurse at (877) 242-8899 for a physician referral to one of our spine specialists.

## Trinity spine boot camp

Trinity now offers a spine education course designed by our physician partners and multi-specialty team. The class is designed for patients that are either scheduled to have spine surgery in the near future or for those patients considering surgery.

Participants will receive a spine education guidebook to help them guide their way through the surgical process; including before, during and after the surgery. They will also receive instructions on exercises and good body mechanics from Trinity's physical therapy department. For surgeries that are scheduled, pre-operative testing can be completed at the time of class participation.

2012 classes are held the first and third Mondays of each month at Bettendorf and the second and fourth Tuesdays at the Moline Campus. To pre-register for one of the upcoming classes, call Trinity's pre-surgical testing department at (309) 779-5960 or toll-free at (877) 792-4445 between 8 a.m. to 4:30 p.m. Monday thru Friday.