

## Where to find us in the Quad-Cities



### Trinity Pain Management Center

500 John Deere Road | Moline, IL 61265  
(309) 779-2840

#### Physicians

Dr. Kerry Panozzo  
Dr. Archana Wagle  
Dr. Jeffrey Fullenkamp



Trinity Regional Health System does not exclude, deny benefits to or otherwise discriminate against any person on the grounds of age, race, color, national origin, religion or on the basis of disability or sources of payment for care.



**TRINITY**  
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Moline • Rock Island • Bettendorf • Muscatine

2701 17th Street

Rock Island, IL 61201-5393



When the pain  
won't go away...

Trinity Pain Management Center



**TRINITY**  
IOWA HEALTH SYSTEM

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# When the pain won't go away...

the Trinity Pain Management Center is here to help.

At Trinity, we care about how you feel. We're ready to help whenever pain threatens your ability to enjoy life.

Our center offers a team approach to pain treatment. Our staff includes anesthesiologists and nurses with extensive experience in chronic pain management. Members of Trinity's physician team have completed a pain management fellowship program accredited by the American Board of Anesthesiology.

Consultation services are available with other specialists in:

- Physical and occupational therapists
- Psychologists
- Social workers for mental health counseling
- Neurology
- Orthopedic surgery
- Neurosurgery
- Physical medicine
- Physiatrists

## Referrals

Patients are accepted on a referral basis only. These may be made by physicians, rehabilitation

specialists, insurance carriers or other health care professionals.

## Evaluation

Patients are seen with a variety of chronic pain complaints. The most common diagnoses include:

- Rheumatoid arthritis
- Failed back syndrome
- Complex regional pain syndrome
- Facet and sacroiliac joint arthropathy
- Myofascial pain syndrome
- Postherpetic neuralgia
- Spine-related disorders
- Many other neuropathic pain disorders
- Chronic lumbar/cervical radiculopathies
- Chronic abdominal pain
- Occipital neuralgia
- Osteoarthritis
- Fibromyalgia

The evaluation process includes a thorough health history and physical examination by the physician and nursing staff. X-rays and other tests are studied, and a detailed treatment plan is developed.

## Treatment

The primary goals of the treatment program are to:

- Increase function
- Help patients live more easily with pain
- Allow a fuller life
- Return to work
- Diminish pain when possible

Pain physicians use a variety of treatment options to reach these goals. These include:

- Pharmacologic management
- Psychological assessment
- Behavioral modification through counseling and biofeedback
- Physical and occupational therapy
- Pool therapy
- Interventional procedures

## Business Hours

8:30 a.m. – 5 p.m. Monday through Friday  
*In an emergency, physicians and nurses can be reached 24 hours a day, seven days a week.*

**For more information, call the Trinity Pain Management Center at (309)779-2840.**

## Low Back Pain

Each year, millions of Americans are affected by low back pain. It's the second most common reason patients visit their primary physician, next to the common cold. Chronic pain also has a financial impact. Millions of dollars are lost to treatment expenses and missed days at work.

Low back pain is a complex problem with a wide range of symptoms, including:

- Sleep disturbance
- Decreased activity
- Dependence on pain medication
- Inability to work
- Depression
- Anxiety

