TRINITY
IOWA HEALTH SYSTEM
Moline • Rock Island • Bettendorf • Muscatine

Your Road to Success Starts with Us!

Trinity Bariatric Center
500 John Deere Road 2nd Floor
Moline, IL 61265
(309) 779-2500 Toll Free (866) 417-2500
Fax (309) 779-2505
http://trinityqc.com/Medical-Services/Bariatric-Institute.aspx

Bariatric Support Group 2012 Schedule

DATE/ TIME	SPEAKER	TOPIC	LOCATION
Tuesday, January 17 6:30pm-8:00pm	Sara Neyens BSN, RN, CGRN Bariatric center Manager & Program Administrator	Bariatric Jeopardy	Education Center
Tuesday, February 21 6:30pm – 8:00pm	Dr. Gary Ludwig, Ph.D Bariatric Center Psychologist	Mental Health	Board Room Suite #300
Tuesday, March 20 6:30pm – 8:00pm	Carmin Green MS, RD, LDN	Trip to Hy-Vee 7th Street Buying Bariatric	Education Center
Tuesday, April 17 6:30pm – 8:00pm	Holly Bell From Maxx Models on Dressing and Accessorizing Clothing Swap – Jana Kindred to facilitate	Clothing Swap	Board Room Suite #300
Tuesday, May 15 6:30pm – 8:00pm	TBD	Fitness Topic	Board Room Suite #300
Tuesday, June 19 6:30pm – 8:00pm	Sara Neyens BSN, RN, CGRN Bariatric Center Manager, & Program Administrator	Bariatric Patients Tell Their Story	Board Room Suite #300
Tuesday, July 17 6:30pm - 8:00pm	Patient's Choice	Vote in March to select our topic	Board Room Suite #300
Tuesday, August 21 6:30pm – 8:00pm	Carmin Green MS, RD, LDN	Nutrition	Board Room Suite #300
Tuesday, September 18 6:30pm – 8:00pm	Dr. Gary Ludwig, Ph.D Bariatric Center Psychologist	Mental Health	Board Room Suite #300
Tuesday, October 16 6:30pm – 8:00pm	Sara Neyens BSN, RN, CGRN Bariatric Center Manager, & Program Administrator	Bariatric Fashion Show	Education Center
Tuesday, November 20 6:30pm – 8:00pm	Sara Neyens BSN, RN, CGRN Bariatric Center Manager, & Program Administrator	Holiday Tactics	Education Center
Tuesday, December 18 6:30pm – 8:00pm	Sara Neyens BSN, RN, CGRN Bariatric Center Manager, & Program Administrator	Winter Blues Buster	Education Center

*All Support Group Sessions are **FREE***
All pre-surgical and post surgical patients are welcomed to attend
If you are thinking of weight loss surgery, come and listen, you and a support person are welcomed to attend!
OUR SUPPORT GROUP IS OPEN TO ALL.

DIRECTIONS:
To get to the support group, take John Deere Road and head south on to 7th Street. Take first right turn into Trinity Medical Center Moline Campus parking lot.
In the event that we would need to cancel the support group due to weather, please listen to 90.3 FM, and 96.1 FM or watch KWQC-TV6, WQAD-TV8, CBS4QC-TV4 and KLJB-FOX18 for additional cancellation information.

*Schedule is subject to change
Please call the Bariatric Center if you have any questions

This support group is a requirement prior to surgery for the Trinity Bariatric Center

Revised 2/16/2012