



TRINITY  
IOWA HEALTH SYSTEM

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# TRINITY

# Tidbits



*Sept. 28, 2012 Issue 78*

**Welcome to Trinity Tidbits.** This bi-weekly electronic resource is part of a larger effort to improve communication and help control costs at Trinity Regional Health System. We respectfully request that you not print Tidbits, unless absolutely necessary. Thank you for helping us to conserve our limited resources.

**Live United** Just a reminder that Trinity's United Way Campaign runs through Friday, Oct. 12, and every response counts! Please take a moment to respond to the campaign with either a donation or a "No thanks." Departments with 100% response will be entered into a drawing for "treat day." The United Way newsletter is now available for viewing on the Intranet at <http://intranet/body.cfm?id=19> for associates to learn more about the United Way, as well as Trinity's role in supporting the community we serve.

**Payroll standardization** Trinity will undergo a change in its pay period and pay date beginning Sunday, Oct. 21. A brief, mandatory Net Learning module about the changes must be completed by all Trinity associates by Saturday, Oct. 20. Login and select the 2012 Payroll Employee Expectations and Standardization module. For full details about the standardization, go to the HR tab on the Intranet under Payroll & Benefits.

**Amy's Gift** eating disorders consortium will facilitate, "Eating Disorders 101: Supporting Someone You Love with an Eating Disorder," from 5:30-7 p.m., on Wednesday, Oct. 3, at the St. Ambrose University Rogalski Center. Dr. Wayne Bowers from the University of Iowa Hospitals and Clinics will speak on current treatments available, how to determine proper care and navigating the health care system when treating an eating disorder. A panel of local professionals, including Betsy Zmuda-Swanson, LSCW, Dr. Teresa Coon, and Chris McCormick Pries, ARNP, also will be on-hand. There is no cost to attend. Walk-ins welcome.

**Key health insurance dates** Plan now to attend a 2013 benefit plan informational meeting. Meetings will be held on the hour and will last about 30 minutes with time for questions. A full schedule is available on the Intranet under Quick Links. You must enroll in a health insurance plan during open enrollment to have medical coverage in 2013. Those wanting to enroll in the IHS Network Plan also must complete an online Health Risk Assessment by Oct. 15. Enroll online for 2013 plans Nov. 1-15 through Your Benefit Source.

**200 more needed** Have you or a loved one ever been impacted by cancer? If you are passionate about helping discover better ways to prevent, treat and hopefully cure cancer, The American Cancer Society's Northwest Regional office is inviting you to participate in the Cancer Prevention Study-3. The goal in the Quad Cities is to enroll 600 people, and the ACS has just over 400 right now. This is an opportunity for those who have never been diagnosed with cancer (not including basal or squamous cell skin cancer) to actively get involved in research to prevent cancer for this and future generations. To enroll, visit [www.cps3quadcities.org](http://www.cps3quadcities.org). For more information please contact community champion **Stacia Carroll** at [carrolsm@ihs.org](mailto:carrolsm@ihs.org) or (309) 779-2472.

**Despicable flu** Protect yourself and our patients from the flu this season. Getting a flu shot is a required condition of employment with few exceptions. For your convenience shots will be given Oct. 15-17 on all three campuses: Rock Island: 4<sup>th</sup> floor conference room and at Bettendorf: Room D, from 6 a.m. to 6 p.m. Moline: OB education room, 6 a.m. to 5 p.m. Help keep patient safety our No. 1 priority at Trinity and get the immunization. Get more information on the Intranet under the flu icon.

**Condolences** Heartfelt condolences go out to **Patricia Hubbard** (Nutrition Services) on the death of her mother-in-law and to **Jack Allen** (Plant Operations) on the passing of his father. Condolences also go out to **Brenda Kuster** (Cath Lab) and **Cheryl Jackson** (Corporate Compliance) on the passing of their respective fathers-in-law.

**New perks** Iowa Health System has partnered with PerkSpot, our new associate discount provider, to be a one-stop shop for exclusive discounts at some of your favorite national and local merchants. Find deals you can use on things like computers, tickets, phones, restaurants and travel. Merchants include Target, Southwest Vacations, Panasonic, Sprint and many more! Visit [IHS.PerkSpot.com](http://IHS.PerkSpot.com) to learn more.

**Breast cancer awareness** Trinity has a full slate of activities and events planned for Breast Cancer Awareness Month in October. Go to <http://intranet/body.cfm?id=32&action=detail&ref=1143> for more details.

**Welcome new docs** A warm welcome to **Dr. Nitu Gajurel** (Hospitalist) who has recently joined Trinity's medical staff.

**A balancing act** Trinity will present "A Delicate Balancing Act: the Ethics, Economics & Politics of Healthcare Rationing," from 8:30 a.m. to 3:30 p.m., Friday, Oct. 12, at the i wireless Center in Moline. The discussion will focus on the ethical challenges surrounding caregiving when resources are limited, and what our society's moral obligation is to ensure fairness in the distribution of health care to patients across all socio-economic backgrounds. Cost is \$50 and includes continental breakfast and lunch. CEUs are available. For more information, call (309) 779-2989.

**HCAHPS winners** Congratulations to the following patient care teams whose units had the highest HCAHPS scores in three key areas in August: "Responsiveness to Patients" (IA: ICU, IL: Stepdown), "Managing Patient Pain" (IA: ICU, IL: 4 North) and "Overall Patient Satisfaction" (IA: ICU, IL: 4North). Keep up the great work!

**TrueBeam open house** Trinity Cancer Center will host an open house to showcase its new TrueBeam cancer treatment technology from 5-6:30 p.m. on Monday, Oct. 8. During the open house, attendees will be able to view the new equipment and talk with Trinity Cancer Center staff about what types of cancers the system is best used for as well as how it is able to dramatically reduce treatment times.

**Jewelry sale** Friends of Trinity Medical Center will host a jewelry sale from 7 a.m. to 4 p.m., Monday, Oct. 8, at Trinity Moline and Tuesday, Oct. 9, at Trinity Rock Island. There will be sunglasses, necklaces, watches, rings, earrings, wallets and bracelets as well as gift items for women, men and children!

**United Way trivia** Join Trinity's United Way committee for a trivia night to benefit the United Way of the Quad Cities and CASI with questions by Mr. Trivia on Saturday, Oct. 13. Doors open at 6:30 p.m. with the game starting at 7 p.m. at the Center for Active Seniors, Inc. (CASI), 1035 W. Kimberly Road in Davenport. Munchies are welcome, but all beverages must be purchased on-site. Cost is \$80 per table, up to 8 people per table. Payment is due by Friday, Sept. 28, to hold the table. For reservations contact **Christy Gause** at (563) 742-3370 or [Gauseca@ihs.org](mailto:Gauseca@ihs.org).

**Happy birthday, Trinity!** Monday, Oct. 1, marks the 20-year anniversary of the Franciscan and United Medical Center merger to form what is today known as Trinity Regional Health System. Congratulations!

**Movin' on up** Congratulations to **Cara Fuller**, who has accepted the position of Director of Human Resources effective Oct. 22. Kudos also to **Bruce Bailey** on his new role as Employment Manager for HR. Other changes in the HR department include **Sue Stammeyer**, Manager of Compensation, Benefits and HRIS, assuming responsibility for Trinity's Employee Health staff and programs, and **Janis Smelek**, Human Resource Manager, taking on the role of Manager of Employee Relations and Compliance.

**Living Proof Exhibit opens** Celebrate the creative spirit of the breast cancer survivor by stopping by the Living Proof annual art exhibit held Sept. 28 through Oct. 24 at Bucktown Center for the Arts in Davenport. The exhibit showcases artwork by breast cancer survivors within a 150-mile radius of the Quad Cities. Living Proof Exhibit also provides art therapy classes that offer cancer patients and survivors the opportunity to express their cancer journey through art. For additional information, visit [www.livingproofexhibit.com](http://www.livingproofexhibit.com), email [livingproofexhibit@gmail.com](mailto:livingproofexhibit@gmail.com) or call (309) 781-6227.

**Need someone to listen?** Contact EAP at 779-2273 or (800) 383-7900 for a FREE and confidential consultation.

**Want to share a tidbit?** Send ideas to [tidbits@ihs.org](mailto:tidbits@ihs.org). The next Tidbits comes out on Friday, Oct. 12. Content deadline is noon on **Wednesday, Oct. 10**.