



Sept. 16, 2011 Issue 51

Welcome to Trinity Tidbits. This bi-weekly electronic resource is part of a larger effort to improve communication and help control costs at Trinity Regional Health System. We respectfully request that you not print Tidbits, unless absolutely necessary. Thank you for helping us to conserve our limited resources.

Standards spotlight: ETIQUETTE The Coding department interacts daily with staff from our facility, the corporate billing office, physician offices and their personnel, as well as the patients and visitors. "Etiquette" is displayed by practicing consistent telephone manners and returning calls/emails promptly. (Submitted by **Diane Askam**, Coding department).

United Way final day Trinity's 2011-12 United Way campaign drive lasts until Friday, Sept. 16. Your department team captain will distribute information about pledge cards or online donations. Trinity's goal is \$100,000 this year. Everyone who participates by filling out a signed card or online form will still be entered into a daily drawing for a \$20 gift card. Departments with 100% participation will be entered into a drawing for a pizza party. All those who donate will be eligible for the \$500 cash grand prize.

Who's The Biggest Loser? A record 95 Trinity associates are hoping to win the third Trinity Live Well Biggest Loser competition. Top losers in terms of percent body weight lost from week 2 are: **Shannon Wolever** (NIDT), 4.9%; **Cindy Johnson** (Imaging), 4.2%; **Karen Martin** (Registration), 3.9%; **Cindy Jacobsen** (Pharmacy), 3.8% and **Stephanie Schradeya** (OR), 3.8%.

Models finalists Congratulations to **Krista Eckert, Hillary Milo, Kate Parr, Ann Jones, Paula Maddox, Katie VanLauwe, Carol Ginneberge, Lora Loete, Keri Hess, Stephanie Martin** (Rehab) and to **Diane Smith and Jennifer Gussman** (Ambulance) for being selected as Model of Excellence finalists for the month of August.

Forums postponed In order to ensure that you receive the most current information from our senior leaders, the Associate Forums are being postponed until mid-late October. If you have added one of these sessions to your calendar, please remove it at this time. A new schedule of sessions will be distributed soon.

Do we have your current mailing address? It's that time of year to check if we have your current home mailing address. Often times, important communication comes through the mail from your employer. Simply log onto Your Benefit Source (<http://BenefitSource.ihs.org>) to update your information quickly and conveniently online. If you have any problems with the login, please contact IT Service Center at ext. 2375 or (515) 241-6288.

EPD balance changes In order to match IHS affiliates and their processes, employee payroll deduction changes will go into effect starting the next pay cycle. Balances will no longer run past each pay period. In preparation for this change, Payroll will begin to reduce your total balance in both the Gift Shop and Friends of Trinity by 50%. Starting on Sept. 18 and every pay period thereafter, associates may carry an EPD charge total of up to \$200 for both the Gift Shop and Friends of Trinity during a two-week period. The entire balance will be taken out of that cycle's paycheck. For more information contact **Vicki Gray**, (309) 779-5205, grayva@ihs.org, or **Sarah Staron**, (309) 779-5455, staronsm@ihs.org.

Welcome new docs A warm welcome to **Drs. Jeffrey Shafer** (Radiation Oncology), **Cheryl Remigio** (Pediatrics), **Deepna Kukreja** (Pediatrics), **Lisa Juarez** (Hospitalist/Internal Medicine), **Jeffrey Hallman** (Radiology), **Phani "Ashok" Attaluri** (Internal Medicine), **Beau Shay** (Podiatry) and **Nathan Fierce** (General Surgery), who have all recently joined Trinity's medical staff.

Condolences Heartfelt condolences go out to **Betty Sersion** (6N) on the loss of her husband, **Sara Hasselroth** (6N) on the loss of her grandmother, **Kate Stamer** (SICU) on the loss of her daughter and **Sandra Brown** (Diagnostic Radiology) on the loss of her father.

Trivia time! Robert Young Center will host a trivia night on Friday, Sept. 23, in the Jardine Auditorium at Trinity Rock Island to support the upcoming NAMI Walk. Doors open at 5:30 p.m.; trivia starts at 6:30 p.m. Cost is \$10 per person, up to eight people per team. Food may be brought in, and beverages will be available for purchase. No outside beverages. The top team prize is \$100, and the night includes door prizes and a 50/50 raffle. Register by contacting **Sandra Moens**, (309) 779-2097, or MoensSF@ihs.org.

Parish presenter Congratulations to Parish Nurse **Barb Marlin**, who was invited to be a presenter at the International Parish Nurse Conference in St. Louis. Barb is a Parish Nurse at Faith Lutheran Church in Moline.

"Know It, Show It, Tell It" Free Quad-City Health Initiative Health Facts Cards are now available at Trinity registration desks. The wallet-sized cards provide individuals with space to record their medications, vitamins, herbal and nutritional supplements, allergies, health history and emergency contact information. They should be completed in pencil and updated whenever there are changes in medications or health status.

Movin' on up Please welcome **Erin Lounsberry** (Marketing & Communications) to her new role as Public Relations Manager.

Become a parish nurse Trinity's Parish Nurse Program will offer its fall classroom discussion and lecture courses beginning Tuesday, Sept. 27, for nurses interested in merging their health-care experience and personal faith to better serve the community. Classes will be held in the evening from 6-9 p.m., with class dates determined by the availability of course participants. 36 nursing CEUs will be awarded when the course is completed. For more information, contact **Linda Guebert**, (309) 779-5122.

Fight stigma with NAMI Walks for the Minds of America There's still time to sign up for the NAMI Walk to raise funds to fight the stigma surrounding mental illness. The day will involve family, friends, refreshments, music, walking and fun on Saturday, Oct. 1, in Rock Island's Schwiebert Park. Registration begins at 8:30 a.m. and the walk begins at 10 a.m. To join or donate, contact **Ametra Carrol** at (309) 373-1202 or CarrolAJ@ihs.org or **Sandra Moens**, (309) 779-2097 or MoensSF@ihs.org. Trinity/RYC has held the traveling trophy for most walkers three out of the last five years! Those who donate \$25 will receive a Trinity t-shirt.

An enchanting autumn Friends of Trinity Medical Center will present "Autumn Enchantment," its annual Celebrity Style Show, beginning at 11 a.m., Oct. 14, at the Davenport River Center's Great Hall. Funds from the event will support Douglas Park Place, which supports women and children throughout the substance abuse rehab process.

Pink Differently Sign up to "Pink Differently" with Making Strides Against Breast Cancer and support the American Cancer Society with a fun and healthy activity. Trinity is a major supporter of this 5K event, which will be held on Saturday, Oct. 15, at Schwiebert Park in Rock Island, beginning at 9 a.m. Sign up online to walk with the Trinity Trekkers team, or go to www.MakingStridesIllinois.com to make a donation. All funds raised will benefit cancer research projects.

Try out the Y Trinity and the Quad City YMCAs have entered into a corporate partnership that allows Trinity employees to receive a multitude of benefits, including free one-week passes, wellness coaching and class sessions and access to all YMCA facilities in the U.S. For more information, contact the nearest YMCA location or **Colleen Borts**, Trinity Live Well team leader, at (309) 779-5041.

Trivia times two! The Trinity Trivia Night benefiting United Way will be held at 6 p.m., Saturday, Oct. 29, at the Knights of Columbus in Davenport. Tables of eight can be reserved for \$80 (payment due the night of the event) by contacting **Cindy Gladkin** at (309) 779-2279 or gladkinc@ihs.org.

They want to suck your blood A Halloween-themed blood drive will be held at the Rock Island campus from 10 a.m. to 5 p.m., Monday, Oct. 31, in the Jardine Auditorium. Enjoy the provided treats, no tricks involved, while donating for a chance to win a drawing for a Halloween gift basket!

Need someone to listen? Contact EAP at 779-2273 or (800) 383-7900 for a FREE and confidential consultation.

Want to share a tidbit? Send ideas to tidbits@ihs.org. The next *Tidbits* comes out on Friday, Sept. 16. Content deadline is noon on **Wednesday, Sept. 28**.