



TRINITY
IOWA HEALTH SYSTEM

Moline • Rock Island • Bettendorf • Muscatine

TRINITY

Tidbits



Nov. 23, 2012 Issue 82

Welcome to Trinity Tidbits. This bi-weekly electronic resource is part of a larger effort to improve communication and help control costs at Trinity Regional Health System. We respectfully request that you not print Tidbits, unless absolutely necessary. Thank you for helping us to conserve our limited resources.

Celebration change Because your feedback is important to Trinity, the annual holiday celebration has changed in response to your survey responses, which indicated a preference for more on-site opportunities to share with co-workers. As a result, Trinity will now host celebrations at all three hospital campuses instead of one large holiday party at the River Center that includes a special meal served by the management team. Dates and locations include Monday, Dec. 17, at Trinity Moline (Education Center), Wednesday Dec. 19, at Trinity Bettendorf (Rooms A&B) and Friday, Dec. 21, at Trinity Rock Island (Jardine). Serving times vary by shift. See flyers in your department.

Kids' movie party sign-up The 2012 children's movie party will be held on Saturday, Dec. 8, at the Great Escape Theaters in Moline. Doors open at 8 a.m. with movies starting at 9 a.m. Movie choices are "Rise of the Guardians" or "Wreck it Ralph." Children of associates are free; adult tickets are \$7. NO credit cards are accepted, cash only. Sign-up on the Intranet via this link: http://mlisp.ihs.org/HR/Lists/2012_Childrens_Holiday_Party/AllItems.aspx. Don't forget to hit "save."

More baskets needed We still need baskets for the annual holiday basket raffle on Nov. 30 to benefit the "Sharing the Blessings" food basket fund and the Trinity Associate Crisis Fund. Individuals or departments can pick up a basket in either Physician Services or Human Resources through Nov. 28. For more information, please call **Cindy Gladkin** at (309) 779-2279 or **Michelle Laxton** at (309) 779-2286.

Want to play volleyball? Komen Quad-Cities has challenged Trinity to a Big Pink celebrity game to kick off the upcoming Big Pink volleyball tournament at 7 p.m., Friday, Nov. 30, and we need your help! We are seeking 6-8 volunteer players to field a squad for Team Trinity. Proceeds from the tournament will benefit the Trinity Cancer Center and Komen Quad-Cities. Big Pink volleyball is played with a big, pink floaty volleyball similar to a beach ball; no volleyball skill is required. The tournament itself will be held Saturday, Dec. 1, at Augustana College. After the celebrity game, the courts will be opened up for anyone to come and play (including your families), and refreshments will be served. For more information contact **Stacia Carroll** at carrolsm@ihs.org or (309) 779-2472.

Black & Blue Monday Bruised from being jostled around on Black Friday? If so, come to the Trinity gift shops for "Black & Blue Monday" on Nov. 26 at all three campuses for a variety of discounts store-wide.

Top panel physician Congratulations to **Dr. Matthew Wilber** (Wound Care), who was honored as the "Panel Physician of the Year" for our region at the Healogics Regional Wound Care Symposium in Chicago on Nov. 10.

Tickling the ivories Congratulations to **Brenda Ripslinger** (Performance Improvement) and **Nancy Orendorff** (NIDT), who are the lucky winners of the two pianos recently given away through the Trinity Health Foundation. Trinity will soon acquire new digital pianos to replace the pianos as a result of the generosity of Hunt and Diane Harris and Foster Family Music.

Condolences Heartfelt condolences go out to **Joanne Bergstrand** (Pre-surgical Testing) on the passing of her father and to **Gregory** and **Brooke Lehmann** (Business Planning & Development and ED Physicians) on the death of their grandfather and grandfather-in-law, respectively. Condolences also go out to **Penny Liebke** (Bettendorf ICU) on the death of her sister, **Kimberly Sherrod-Hensler** (Nutrition Services) and **Kim Kochuyt** (Purchasing) on the passing of their mothers and to **Sarah Turner** (Human Resources) on the death of her sister-in-law.

Got a pain in the neck? Trinity Bettendorf will host a free neck pain screening from 4-7 p.m., Wednesday, Nov. 28, to help people determine if they are a candidate for minimally invasive spine surgery. Participants will have a neck pain screening and a brief evaluation with Dr. Michael Dolphin. Based on results, an X-ray may be necessary. If an X-ray is needed there will be a \$20 charge and a follow-up consultation will be scheduled. Screening participants who have had an X-ray or MRI recently may bring a copy of the films and/or report with them. Call (563) 344-9292 to register.

Plan for your future Jason Taulbee, our J.P. Morgan financial planning representative, will be on-site and available for one-on-one meetings Dec. 5 at Rock Island in the 4th floor conference room. You may sign up for available meeting times in Net Learning.

Movin' on up Congratulations to **Tammy Pauwels**, President of Trinity Health Enterprises, who will assume additional responsibility for Trinity Outpatient Rehabilitation and for Trinity's wellness program, and to **Steve Smith** as he takes on the new role of Facility Services Manager.

Honored to fly Congratulations to Trinity Parish Nurse **Chris Wells**, who was a guardian on the recent Honor Flight from the Quad-Cities.

Welcome new docs Welcome **Drs. Shabih Manzar** (Neonatology), **Amritpal S. Anand** (Hospitalist) and **Edward Hsu Hu** (Ophthalmology), who recently joined Trinity's medical staff.

Foundation grant recipient Congratulations to Pastoral Care, which has received a grant from the Trinity Health Foundation for "Pocket Talker Listening Aids for Patients" in the amount of \$5,000 for hard-of-hearing patients. Pocket Talkers will help ease the flow of medical attention and quality of communication with less strain on everyone concerned.

Safety Fair now online The annual Safety Fair has been replaced with an online module available now through Dec. 31 in NetLearning.

Healthy recipes wanted! The Live Well initiative is looking for some healthy recipes to try out in our cafeterias. If you have a recipe you would like considered, please email them to **Jeni Tackett** at TackettJ@ihs.org by Dec. 1. Those who submit recipes that are chosen because they meet nutritional criteria and can feed a crowd will be entered into a drawing for a \$20 Hy-Vee gift card.

NEW! LiveWell SharePoint Site Access the new Trinity Live Well Initiative Share Point site by clicking on the Trinity Live Well apple icon on the intranet home page. Click on the green apple icon to access the Live Well calendar of events, library of resources, newsletters and discussions with Stacia and Jeni, your wellness specialists.

Need someone to listen? Contact EAP at 779-2273 or (800) 383-7900 for a FREE and confidential consultation.

Want to share a tidbit? Send ideas to tidbits@ihs.org. The next Tidbits comes out on Monday, Dec. 7. Content deadline is noon on **Wednesday, Dec. 5**.

HAPPY THANKSGIVING!!