



May 25, 2012 Issue 69

Welcome to Trinity Tidbits. This bi-weekly electronic resource is part of a larger effort to improve communication and help control costs at Trinity Regional Health System. We respectfully request that you not print Tidbits, unless absolutely necessary. Thank you for helping us to conserve our limited resources.

Last chance The annual Great Places to Work® survey continues through TODAY on the Intranet. By completing this survey, you'll play an important role in providing an accurate picture of our organization. Remember, we're all in this together. With your input, we can make the Trinity team even stronger.

Biggest Loser halfway there The 6th session of Trinity's Biggest Loser is well underway! Here are the top losers: **Tami Vanderheyden** (Registration Services), 11%, **Vickie Fowler** (Step Down), 8.7%, **Kenna Durham** (TASI), 5.3%, **Kelly Liedtke** (Registration Services), 5% and **Regina Lange** (Trinity College), 4.1%.

Can you WorkIt? The Y @ Work's WorkIt! Challenge has begun. Visit www.quadcitiesymca.org to learn how you can earn both individual and Team Trinity points for your active living. Participants earn points when they use the Y or take part in WorkIt! challenge team activities and established community events such as the Bix 7 and United Way Day of Caring. You don't need to be a Y member to participate, but remember Trinity associates do have their joining fee waived. Plus, all points earned by June 30 will double in value! For more information, contact Company Coach **Stacia Carroll** at carrolsm@ihs.org.

HCAHPS winners Congratulations to the following patient care teams whose units had the highest HCAHPS scores in three key areas in April: "Responsiveness to Patients" (IA: Medical Inpatient; IL: 4 North), "Managing Patient Pain" (IA: Medical Inpatient; IL: 7 South) and "Overall Patient Satisfaction" (IA: ICU; IL: 4 South). Keep up the great work!

Welcome new intern Bryan Garter has joined Trinity as an Administrative Intern for this summer. He is a student of the Master's in Health Administration program at the University of Iowa in Iowa City and will work on various projects with the Senior Team that focus on all aspects of health care operations, strategy and development. Please submit any projects you have for Bryan to **Tulisa Bollinger** at bollingert@ihs.org.

Living the healthiest Thanks to your healthy living, the Trinity Health Foundation will receive a \$500 donation from the Iowa Hospital Association for being the top-scoring hospital system that participated in the Live Healthy Iowa 100-Day Challenge in the IHA's District G. District G runs along the eastern half of the I-80 corridor, from Jasper County just east of Des Moines to the Iowa-Illinois border. It includes 16 hospitals in 13 counties, including those in Iowa City, Cedar Rapids and the Quad-Cities, among other major cities. Congratulations Team Trinity!

Chamber perks Trinity is a corporate member of the Quad City Chamber of Commerce, and as a result receives complimentary memberships for ALL young professional employees to The Network: Young Professionals of the Quad Cities. Check out The Network's new Website at www.thenetworkqc.com.

Condolences Heartfelt condolences to **Michael Schultz** (Imaging) on the loss of his mother, **Holly Thomas** (Muscatine Marketing & PR) on the death of her husband and to the family and friends of **Lauren Adams** (Bettendorf Medical Inpatient #1B). Know of a condolence to share? Go to "Forms and Documents" on the Intranet and click on "Condolence Form."

Couch to 5K training camp The Trinity Live Well Initiative will hold an 8-week program from June 18 to Aug. 10 to help participants train for the Trinity-sponsored 5K Ouch! Race. The program consists of 20 minutes of exercise and nutrition education followed by 40 minutes of physical activity. Sessions will be held at the Trinity Bettendorf Outpatient Rehabilitation Clinic from 5-6 p.m. on Mondays and Fridays. Cost is \$50. Training is only open to the first 25 Trinity employees who register. Participants also must complete the Trinity HeartAware screening in order to sign-up. For more information, contact **Jeni Tackett** at TackettJ@ihs.org or **Stacia Carroll** at CarrolSM@ihs.org.

Happy EMS Week! National Emergency Medical Services Week runs through Saturday, May 26, and brings together local communities and medical personnel to publicize safety and honor the dedication of those who provide the day-to-day lifesaving services of medicine's "front line." Trinity's EMS system is a group of 36 diverse EMS service agencies, ranging from eight 911 dispatch centers, five ALS, fire-based transporting ambulance services, two private ALS ambulance services, three ILS-level community ambulance services, one ALS non-transport fire department, six BLS community-level ambulance services, seven first responder-level services, University of Iowa Aircare, Hammond Henry Hospital in Geneseo and Mercer County Hospital in Alledo.

IQ4 training tracks for end users Each end user role at Trinity will have a corresponding "Training Track" that is a blend of computer-based training (CBT) and instructor-led classroom training (CLASS). The goal is to provide targeted training that makes effective use of your time and builds your confidence in the proper use of the Epic system. Registration will be handled through Net Learning for staff and physicians. Managers will schedule classes for their staff. Users should view their Training Tracks at <http://iq4.ihs.org/body.cfm?id=137> to determine which instructor-led classes they need to take.

We're good-to-go! Trinity's IQ4 project has reached a major milestone. On Wednesday, May 23, the IQ4 Build Teams met for our 90-day go-live readiness assessment, and concluded that we are "green" (good-to-go) and "on-track" for the Aug. 25 go-live. Daily emails, called IQ4 Daily Update, have already begun to keep you updated with the latest news about the project. Watch your inbox for emails from TQC_IQ4@ihs.org.

Save \$ on Race for the Cure May 31 is the deadline to register online at the discounted price of \$25. After May 31 it is \$30. Ages 14 and under are \$17. Register at www.komenquadcities.org. Come by the Trinity Breast Health Center booth and get your photo taken with a friend or family member in one of three photo booths. Trinity is the sponsor of Kids for the Cure, which includes a Kids Zone with bounce houses, entertainment, tattoos, games and prizes.

Kids ride free during Ride the River Join the fun with the whole family this Father's Day, June 17, and carry on this 28-year tradition of biking along the great Mississippi River! This is a wonderful family experience and kids under 16 ride FREE with a paying adult. Register online at www.riveraction.org.

Walk this way Want to show your Trinity and American pride on the 4th of July? Volunteer to walk with us and our Caring Canines in the Bettendorf 4th of July parade. The parade begins at 10 a.m., but lineup will be by 9:30 a.m. Contact **Sherri DeVrieze** at devriesj@ihs.org to sign up and provide your t-shirt size.

Purses and ties needed The United Way committee is accepting gently used purses and ties for its annual Benevolent Bags and Tactful Ties fundraiser. Donations can be dropped off at all Trinity Gifts and Floral shops or with **Susan Roggendorf** in Bettendorf Administration by Wednesday, June 20. The next purse and tie sale will be held from 2-4 p.m., Friday, June 29, in the Jardine Auditorium at the Rock Island campus. Bags are \$5, \$10 or \$15, and ties are two for \$5.

Need someone to listen? Contact EAP at 779-2273 or (800) 383-7900 for a FREE and confidential consultation.

Want to share a tidbit? Send ideas to tidbits@ihs.org. The next Tidbits comes out on Friday, June 8. Content deadline is noon on **Wednesday, June 6**.