



March 30, 2012 Issue 65

Welcome to Trinity Tidbits. This bi-weekly electronic resource is part of a larger effort to improve communication and help control costs at Trinity Regional Health System. We respectfully request that you not print Tidbits, unless absolutely necessary. Thank you for helping us to conserve our limited resources.

Tips to practice our Standards: Appreciation While driving to work, focus on what you “get to do” instead of what you “have to do.” Appreciate that your work at Trinity allows you to participate in the healing of others.

Garden party Friends of Trinity presents Blossoms & Brunch at 9:30 a.m., Saturday, April 21, at CASI Celebration Hall, 1035 W. Kimberly Road, Davenport. Proceeds from the event benefit both the “Caring Canines” and “Caring Closet” community projects. A variety of outdoor and indoor plants, garden items, gifts and fashion accessories will be available for purchase. Wearing your favorite hat will also enter you into an exclusive “hats only” raffle prize! Tickets are \$15 per person. Please RSVP by April 13 by calling (309) 779-2343.

Your foundation at work In 2011, the Employee Crisis Fund provided \$31,000 in crisis relief to approximately 20 associates. Guidelines for the fund can be found under the Human Resources tab on the Intranet. For more information, please contact **Sally Dirks**, EAP therapist, at (309) 779-2071.

Uniform sale fundraiser Friends of Trinity will host a men’s and women’s healthcare uniform fundraising sale consisting of classic and trendy styles. The sale will be held from 7 a.m. to 4 p.m. on Tuesday, April 3, in Rock Island, Wednesday, April 4, in Moline, and Thursday, April 5, in Bettendorf.

Stylin’ volunteers needed The Stylin’ Against Breast Cancer events committee is asking for volunteers to assist with selling raffle tickets, distributing mementos, handing out flowers, and escorting guests at the style show on Thursday, April 26, at the Quad Cities Waterfront Convention Center in Bettendorf. If you are interested in volunteering, please contact **Andrea Schelin** at (309) 779-5902 or ScheliAL@ihs.org.

Ice cream, you scream Join Trinity BirthPlace at their ice cream socials to raise money for the March of Dimes’ Walk for Babies. All events are 1-3:30 p.m. Rock Island: Monday, April 2, Jardine; Bettendorf: Tuesday, April 3, A&B; Moline: Thursday, April 5, OB education room. BirthPlace will draw for a 50/50 raffle winner at the last social. They also are selling Younkers coupon books and name squares to hang in BirthPlace in the cafeterias.

Movin’ on up Congratulations to **Lisa Henderson**, new Clinical Educator for Trinity Bettendorf’s acute care services units. Kudos also to **Greg Lehmann**, new Project Administrator for Trinity’s IQ4 implementation.

Welcome new doctors A warm welcome to **Drs. Ahmed Cheema** (Gastroenterology) **Douglas Gaither** (Emergency Medicine), and **David Lang** (OB/GYN), who have recently joined Trinity’s medical staff.

Butterfly Blessings To help alleviate sorrow for those who have lost babies either before or soon after childbirth, Trinity will offer “Butterfly Blessings: A Memorial Ceremony,” from 2-3 p.m., Saturday, April 14, in the Jardine Auditorium at Trinity Rock Island. Register by calling Chaplain **Courtney Watson** at (309) 779-2989 or e-mailing WatsonCC@ihs.org.

Condolences Heartfelt condolences go out to **William Metz** (Stockroom) on the death of his brother, **Stephanie Rabe** (Pre-surgical Testing) on the passing of her mother-in-law, **Colleen Borts** (Employee Health), **Kathryn Spiegel** (Surgery Scheduling) and **Sharon Proffitt** (Oncology) on the loss of their fathers, **Catie Binneboese** (Surgery) on the passing of her grandfather and **Katherine Schoon** (Central Service) on the death of her mother. Know of sympathies to share? Go to “Forms and Documents” on the Intranet and click on “Condolence Form.”

Books for Bucks The used book sale is back! The United Way committee currently is accepting donations of gently used books, CDs, and DVDs. Due to lack of sale, technical books, medical books, text books and VHS cassettes will no longer be accepted. The sale will be April 12 in Bettendorf and April 20 at Rock Island. All proceeds support the Imagination Library and Operation Read of the Scott and Rock Island counties. Contact **Susan Roggendorf** (Administration) for Bettendorf drop-off and **Nancy O'Dacre** (Business Development) for Rock Island drop-off.

Jeans Day moves United Way's "Casual for a Cause" fundraiser (Jeans Day) will now be held on the second Friday of the month. The participation fee remains \$2 payable at the cashier's office.

Gilda's Run The Gilda's Run for Laughs & Roseannadana Dash, sponsored by Trinity, will take place at 8 a.m., Sunday, April 22, at the Quad Cities Waterfront Convention Center in Bettendorf. The price of \$25 includes race registration, breakfast buffet, and a long-sleeve t-shirt. You can register online at <http://gildasclubqc.org/event/gildas-run-for-laughs-roseannadana-dash/>. For more information, please contact paige@gildasclubqc.org or (563) 326-7504.

Ethical dilemma Join Trinity's ethics committee for their next lunch and learn session from noon to 1 p.m., Friday, April 20, regarding the challenges providers face when faced when limited by finances. CMEs and CEUs are available. To register, call **Physician Services** at 779-3200 (CMEs) or **Kaaren Nelson** at 779-2834 (CEUs).

March for Babies Trinity is the presenting sponsor for the March of Dimes' March for Babies on Saturday, April 28 at Bettendorf Veteran's Memorial Park, 1645 23rd St., Bettendorf. Registration begins at 8 a.m. with the walk starting at 9 a.m. Raise at least \$25 for March of Dimes and get a March for Babies t-shirt from Trinity. Raise at least \$200 for March of Dimes and get a March for Babies t-shirt. Join the Trinity team at: http://www.marchforbabies.org/s_team_page.asp?seid=1695046

Is your provider in-network? Effective Jan. 1, 2012, Trinity and IHS transitioned its medical plan administrator from Principal to Wellmark. If you are enrolled in any of the medical plan options in 2012, you should always verify that your physician or care facility is participating in the provider network before using these services. For the latest network plan participants, visit Your Benefit Source located on the Trinity intranet or online in the For Associates section of the Trinity Web site at www.trinityqc.com.

View the video The IQ4 Go Live is not until August 25, but you will see lots of communications about IQ4 in the months to come as we get closer to that date. In the meantime, if you are curious about what the EPIC system looks like and what it can do, you can follow the patient journey from admission to discharge in the IHS version of the Epic system at <http://iq4.ihs.org/homepage.cfm>. View the entire 15-minute video, a 10-minute provider-only track or select role-specific vignettes (under two minutes each).

Biggest Loser Round 6 Trinity's next Biggest Loser Contest will run April 11 through June 6. Prizes of \$250, \$100, and \$50 cash will be awarded to the first, second, and third place winners based on greatest percentage of body weight lost. To enter, pay \$15 cash at any campus cashier. If you lose 5% of your body weight, you also will be reimbursed the entry fee. For more information, contact **Jeni Tackett** (Tackettj@ihs.org) at 742-4500 or **Ann Sellers** (Sellersa@ihs.org) at 779-2244. The last day to register is Tuesday, April 10. Off-site locations may participate if they come to an on-site location for the beginning and ending weigh-in.

Free shredding Trinity associates may take advantage of free shredding from our shred company, Cintas. The Quad-City campuses will all be on Wednesday, April 25: Rock Island: 6-9 a.m. (front of the hospital near the bus stops), Moline: 11 a.m. to 1 p.m. (back of the hospital near Receiving), Bettendorf: noon-3 p.m. (near the front entrance). Muscatine will be from 7-10 a.m., Saturday, April 27 (back of the hospital near Receiving).

Shirt sales Trinity is raising funds via heart shirt sales through May 18. Forms are available on the Intranet under forms and documents. You may also order shirts via payroll deduction in the gift shops. All proceeds go to the American Heart Association and contribute to Trinity's goal of raising \$30,000 for the Heart Walk.

Need someone to listen? Contact EAP at 779-2273 or (800) 383-7900 for a FREE and confidential consultation.

Want to share a tidbit? Send ideas to tidbits@ihs.org. The next Tidbits comes out on Friday, April 13. Content deadline is noon on **Wednesday, April 11**.