



TRINITY  
IOWA HEALTH SYSTEM

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# TRINITY

# Tidbits



June 22, 2012 Issue 71

*Welcome to Trinity Tidbits.* This bi-weekly electronic resource is part of a larger effort to improve communication and help control costs at Trinity Regional Health System. We respectfully request that you not print Tidbits, unless absolutely necessary. Thank you for helping us to conserve our limited resources.

*Healthy Bites & Fit Bits* is now your one-stop source for becoming a healthier you from the Trinity Live Well Initiative. The two-page newsletter for associates includes upcoming health classes and screenings, healthy recipes, EAP information, motivational quotes, and fitness and/or nutrition advice. Watch for Healthy Bites & Fit Bits every other Wednesday. Want to view past issues? Go to "Newsletters" on the Intranet located at <http://intranet/body.cfm?id=19>.

*Is Joint in the joint?* Please note that Trinity is due for our three-year, unannounced survey from Joint Commission. Surveyors are expected to be on-site soon, possibly arriving as early as next Monday, June 25. When they arrive, a notice will be sent to all managers and directors to alert staff. Thank you for your extra efforts in helping Team Trinity put our best foot forward every day.

*"Fill the Truck"* to help combat domestic violence on Saturday, June 23, from 9 a.m. to noon. Trinity staff will be competing with other area organizations to fill our trucks at the Bettendorf Hy-Vee store with needed items for the Family Resources Domestic Violence Shelter. Lists of items needed are handed out on-site or on the Intranet at <http://intranet/body.cfm?xyzpdqabc=0&id=32&action=detail&ref=1104>.

*Movin' on up* Congratulations to **Miriam Loewen** on her new role as Interim Pharmacy Director, and to **Lindsey Tynan**, who has joined Trinity as Assistant Manager for RYC Support Services.

*Patriotic pooches* Want to show your Trinity and American pride on the 4<sup>th</sup> of July? Volunteer to walk as part of the Trinity group in the Bettendorf 4<sup>th</sup> of July parade, which we sponsor. The parade begins at 10 a.m., but lineup will be by 9:30 a.m. Contact **Sherri DeVrieze** at [devriesj@ihs.org](mailto:devriesj@ihs.org) to sign up and provide your t-shirt size.

*And the home of the brave* Be sure to check out the American flag that was donated to the Rock Island campus cafeteria by the son of dietitian **Deb Wood** (Nutrition Services). The flag originally hung at Camp Leatherneck, a U.S. Marines Corps military base in Afghanistan, while he was stationed there.

*Troop transition* Jason's Box, an organization dedicated to improving the health and well-being of our military men and women, has added a full section for local and national behavioral health resources to their Website to assist troops with services they may need for their transition to civilian life. Jason's Box was founded by Trinity associate **Teri Johnson** and is supported by the Trinity Health Foundation. Visit [www.jasonsbox.com](http://www.jasonsbox.com) and click on "behavioral health" at the top of the home page to access resources. Thank you to the staff at Robert Young Center for their support of this important project.

*Family ice cream social* Trinity Bettendorf will play host once again to the Bettendorf Library summer reading program's annual free ice cream social and summer concert with entertainment from the Mad Cap Puppets at 6:30 p.m., Tuesday, June 26, in the Healing Gardens. Bring a lawn chair or blanket and enjoy the great outdoors. In case of bad weather, it will be moved to the Bettendorf Library.

*Condolences* Heartfelt condolences go out to **Joanne Bergstrand** (Pre-surgical Testing) on the death of her mother. Know of a condolence to share? Go to "Forms and Documents" on the Intranet and click on "Condolence Form."

*A friendly birdie* Support Friends of Trinity by pledging a donation based on the number of birdies in this year's John Deere Classic or consider a one-time donation for "Birdies for Charity." Fundraisers like these allow the Friends of Trinity to provide financial support to Trinity Regional Health System and the Quad-City community. Pick up a donation card in the Volunteer Services office and turn it back in by Friday, July 6.

*Gabbing with the golfers* Grab your lunch sack for a Q&A with John Deere Classic golf pros from 11:45 a.m. to 12:30 p.m., Wednesday, July 11, in the Jardine Auditorium at Trinity's Rock Island campus. Trinity has been the proud medical sponsor of the John Deere Classic for 22 years.

*IQ4 countdown begins* As of Monday, June 25, Trinity will be 60 calendar days out from our IQ4 go-live! Daily IQ4 updates are emailed to all associates outlining weekly activities and the official countdown clock. Many thanks for everyone's hard work and extra effort with both the EPIC workflow walkthroughs this past week as well as with the deployment of the new computer carts (workstations on wheels or WOWs).

*Mobile retirement planning* J.P. Morgan Retirement Plan Services has created a mobile-optimized version of [www.retireonline.com](http://www.retireonline.com). The mobile site has on-the-go account information, including a "Will I have enough?" section. Beginning today, any time you visit [www.retireonline.com](http://www.retireonline.com) using your mobile device, you'll be automatically directed to the new site, which is fully integrated with the full site. Just log on, register your mobile device and get your retirement plan to go!

*Welcome new doctors* A warm welcome to **Dr. Kim Schultheiss** (Internal Medicine) who has recently joined Trinity's medical staff.

*Workshop for veterans' mental health* The Robert Young Center and Jason's Box are part of a coalition presenting "Serving Those Who Serve: Helping civilian healthcare professionals identify, understand, and assist military service members with PTSD and TBI." All war fighters, veterans and their family members face important readjustment issues. This workshop will assist healthcare professionals in identifying those with behavioral health issues, including post-traumatic stress disorder (PTSD) and traumatic brain injury (TBI). The workshop will be held from 1-5 p.m., Tuesday, July 17, at the Holiday Inn, Rock Island. CMEs and CEAs are available. For more information, visit <http://intranet/tqcn58386/documents/corpcomm/VeteransMentalHealth.pdf>.

*It's never too early* Just a reminder that it is each associate's responsibility to periodically log into NetLearning to check their assignments as new modules are being added throughout the year. Every Trinity associate is responsible for completing each of the mandatory Net Learning modules by the Oct. 31 due date. Failure to complete the required modules will cause you to forego your pay-for-performance increase at your annual review in early 2013.

*Purses sale cancelled* The United Way committee has cancelled the purse sale scheduled on Friday, June 29.

*But there's more!* Mark your calendars for the United Way bake sale in the Rock Island cafeteria from 11 a.m. to 1 p.m., Friday, July 27, and trivia night at CASI in Davenport at 6:30 p.m., Saturday, Oct. 13. For more information, contact **Christy Gause** at (563) 742-3370.

*Need someone to listen?* Contact EAP at 779-2273 or (800) 383-7900 for a FREE and confidential consultation.

*Want to share a tidbit?* Send ideas to [tidbits@ihs.org](mailto:tidbits@ihs.org). The next Tidbits comes out on Friday, July 6. Content deadline is noon on **Tuesday, July 3**.