



Jan. 20, 2012 Issue 60

Welcome to Trinity Tidbits. This bi-weekly electronic resource is part of a larger effort to improve communication and help control costs at Trinity Regional Health System. We respectfully request that you not print Tidbits, unless absolutely necessary. Thank you for helping us to conserve our limited resources.

Tips to practice our Standards: Service & Smile: “Smile at others, and they’ll smile back.”

Get moving. Win a cruise. Sign up your team of 2-10 by Monday, Jan. 23, to be eligible for incentive prizes in the 2012 Live Healthy Iowa 100-Day Wellness Challenge! For only \$15 (after discount) from Jan. 23 – May 1, get unlimited access to the Live Healthy Iowa Website with lots of information on how to keep fit and lose weight after this holiday season, along with a T-shirt, motivational emails, magazine subscription and chance to win individual prizes like bikes, iPods, even a 4-day, 5-night Caribbean cruise for two! Registration is now open at www.livehealthyiowa.org. Use group name LHITMC and coupon code LH2468. Need a team? Contact Trinity Live Well Active Living committee chair **Stacia Carroll** at (309) 779-2472, (563) 940-8042 or CarrolSM@ihs.org.

We’ve got Spirit, how ‘bout YOU?! Trinity has joined the Spirit of Women Hospital Network, a coalition of 95 hospitals across the country that inspires health and wellness. All Trinity associates are invited to join the Spirit of Women Membership program for FREE (\$10 value). Male associates can give their membership to a special woman in their lives. Membership will provide helpful health programs and information, as well as members-only discounts on events and activities. Contact **Amy Pearson**, Spirit of Women Coordinator, at pearsoae@ihs.org or (309) 779-2067. You may register online at www.trinityspiritofwomen.org.

No-show no-no Effective Monday, Jan. 30, no-shows at CPR, ACLS, PALS and PEARS training classes will be charged \$25-\$50 for missing class without an excused absence or un-enrolling less than 3 days prior to the class. Associates will sign an acknowledgement of the new policy upon registering for class. Fees will be automatically deducted from an associate’s paycheck.

Souper Bowl parties Trinity will hold its annual “Souper Bowl” from 11 a.m. to 1 p.m., Thursday, Feb. 2, in Bettendorf A&B and Friday, Feb. 3, in Rock Island’s Jardine Auditorium and the Moline Education Center to help raise funds for the American Heart Association’s Heart Walk, presented by Trinity. For \$5 you can enjoy all of the soup and appetizers you want as well as enter for a chance to win door prizes!

NetLearning down Jan. 23-27 Due to an upgrade of the NetLearning system, all associates will not be able to access their accounts between Jan 23 and 27. This means that users will not be able to log-on to register for classes, complete computer-based learning modules or any other activities through their NetLearning accounts. All NetLearning activities should be completed either before or after the upgrade. No exceptions are possible.

JA volunteers needed Trinity is seeking volunteers to teach the Junior Achievement program at Hoover School in Bettendorf, where we are a whole-school sponsor. We need nine volunteers to each teach one hour per week for five weeks or one hour per day for five days. All materials and curriculum are provided. Contact **Sherri DeVrieze** (Marketing & Communications) at (309) 779-2802 or DeVrieSJ@ihs.org to sign up.

Still want to bowl? Even though Trinity is no longer the title sponsor of the JA Bowl-a-Thon, associates can still field a team for the annual event on Saturday, Feb. 18, that raises money for Junior Achievement. Various locations and times are available. Contact **Aaron Van Lauwe** (Human Resources) at (309) 779-2269 or VanLauAM@ihs.org for team specifications.

Condolences Heartfelt condolences go out to **Lindsey Rives** (Trinity College) on the loss of her grandmother. Know of a condolence to share? Go to “Forms and Documents” on the Intranet and click on “Condolence Form.”

Movin' on up Congratulations to **Adam Sowell** (EMS) on his new role as EMS Coordinator.

Join Trinity's United Way committee Trinity's 2012 United Way campaign committee wants YOU! Please consider investing two lunch hours per month to improve the community we serve. Please contact **Nancy O'Dacre** at (309) 779-3609 or odacrenl@ihs.org for more information or to sign-up.

Scholarship success Congratulations to Trinity College of Nursing and Health Sciences students **Marisa Lubbe, Courtney Corelis, Alyssa Wilson, Brandi Holt, Heather Ockerman, Lauren DeBuysere, Kaitlin DeGrave, Yvonne Fillmore, Megan McCullough, Stephanie Winslow, and Kristen Edmund**, who each were recipients of \$1,000 scholarships from Friends of Trinity at their annual meeting on Monday, Jan. 16.

Daily meditation Trinity's Pastoral Care department is sponsoring 10-minute meditations with prayer at 9 a.m. weekday mornings. Contact Chaplain **Robert Hansen** at (309) 779-2991 for more details.

Jeans in January Don't forget that the last Friday of every month is Jeans Day to help support United Way. Visit the cashier's office at any Trinity campus and pay \$2 for your Jeans for a Cause sticker. The next opportunities are Friday, Jan. 27, or Friday, Feb. 24.

Money for college The Iowa Hospital Association's scholarship program for college students studying for careers in health care is now taking applications. The program awards scholarships of \$3,000 per year for a maximum of two years to students enrolled in an accredited program leading to registration, licensure or a clinical laboratory science graduate or undergraduate degree. In exchange for that financial support, students who accept the funds agree to work one year in an Iowa hospital for each year they receive a scholarship. More information is available at www.iowahospitalscholarships.org. Applications are due March 14.

Troop transition Jason's Box, an organization dedicated to improving the health and well-being of our military men and women, has added a full section for local and national behavioral health resources to their Website to assist troops with services they may need for their transition to civilian life. Jason's Box was founded by Trinity associate **Teri Johnson** and is supported by the Trinity Health Foundation. Visit www.jasonsbox.com and click on "behavioral health" at the top of the home page to access resources.

2011 Donors of the Year The Trinity Health Foundation has selected the Quad City Osteopathic Foundation as its 2011 Donor of the Year. The QCOF was established in 1984 through proceeds of the sale of the old Davenport Osteopathic Hospital. Since that time it has contributed more than \$5 million to organizations in our community, the majority of which has benefitted osteopathic education. In the past five years alone, Trinity itself has been the recipient of \$600,000 from the group.

HCAHPS winners Congratulations to the following patient care teams whose units had the highest HCAHPS scores in three key areas in November: "Responsiveness to Patients," "Managing Patient Pain," (IA: surgical inpatient; IL: 6N for both) and "Overall Patient Satisfaction." (IA: surgical inpatient; IL: 5N) In December: "Responsiveness to Patients," "Managing Patient Pain," (IA: ICU; IL: 6N for both) and "Overall Patient Satisfaction." (IA: medical inpatient; IL: 7S). Keep up the great work!

Education options Trinity will host an education fair from 11 a.m. to 1 p.m., Thursday, March 1, at Trinity Rock Island in meeting room 1. Educational institutions attending will be Western Illinois – QC, Trinity College of Nursing and Health Sciences, St. Ambrose University, Black Hawk College, Upper Iowa University, University of Iowa and the Quad Cities Graduate Center.

Dorothy's legacy Congratulations to **Hannah Turner**, the inaugural winner of the Dorothy Grachek Memorial Scholarship awarded by Friends of Trinity. This scholarship will be given annually to a student who is a Trinity volunteer and embodies the same remarkable traits shown by Dorothy, who was legendary for her dedication to outstanding customer service during her many years of volunteering. Hannah currently is a full-time student at Black Hawk College with plans to pursue a pharmacy degree.

Need someone to listen? Contact EAP at 779-2273 or (800) 383-7900 for a FREE and confidential consultation.

Want to share a tidbit? Send ideas to tidbits@ihs.org. The next *Tidbits* comes out on Friday, Feb. 3. Content deadline is noon on **Wednesday, Feb. 1.**