



TRINITY
IOWA HEALTH SYSTEM

Moline • Rock Island • Bettendorf • Muscatine

TRINITY

Tidbits



Dec. 7, 2012 Issue 83

Welcome to Trinity Tidbits. This bi-weekly electronic resource is part of a larger effort to improve communication and help control costs at Trinity Regional Health System. We respectfully request that you not print Tidbits, unless absolutely necessary. Thank you for helping us to conserve our limited resources.

Retirement celebrations today! Please join us in wishing **Dale Frels** (Bio Tech) a happy retirement at an open house held in the Jardine Center at Trinity Rock Island from 2-4 p.m., Friday, Dec. 7. Let's also wish **Phyllis Lawrence** (Human Resources) a great retirement with her celebration at the same time in HR.

Holiday celebration change Because your feedback is important to Trinity, the annual holiday celebration has changed in response to your survey responses, which indicated a preference for more on-site opportunities to share with co-workers. As a result, Trinity will now host celebrations at all three hospital campuses instead of one large holiday party at the River Center. It will include a special meal served by the management team. Dates and locations include Monday, Dec. 17, at Trinity Moline (Education Center), Wednesday, Dec. 19, at Trinity Bettendorf (Rooms A&B) and Friday, Dec. 21, at Trinity Rock Island (Jardine). Serving times vary by shift. See flyers in your department.

Taking your pulse Thank you for sharing your valuable feedback from the Great Place to Work® survey in May. We now want to see how we're doing by asking you a few questions in our pulse survey available on the Intranet through Dec. 14. You'll have the opportunity to let us know how you feel about the progress we're making in our improvement efforts, including our focus on two-way communication and appreciation and recognition. It will take you five minutes or less to complete. Individual responses will be confidential, and your identity will not be known to anyone else.

United Way results Congratulations to **Kori Tatge** (Nutrition Services) for winning the grand prize in the United Way drawing for eight hours of PTO. Trinity associates donated \$90,102.90 during this year's campaign. Kudos to Finance as well, whose associates were drawn as the lucky winners of a treat day for returning 100 percent of their department pledge cards. Special thanks to Trinity United Way Committee 2012 members: **Nancy O'Dacre, Susan Roggendorf, Colleen Doolittle, Andrew Behan, Greg Lehmann, Bobbi Park, Rachel Duffy, Becky Williamsen, Becky Garetson, Christy Gause, Aaron Van Lauwe, Kim Kochuyt and Richelle Kuboushek.**

Clear those invoices! Please clear your desk of all 2012 invoices and forward to Accounts Payable by Friday, Dec. 14. Please make sure they are coded with the proper account number and approved. The Accounts Payable staff thanks you for your cooperation!

Safety Fair now online The annual Safety Fair has been replaced with an online module available now through Dec. 31 in NetLearning.

W-4 notification Please submit an updated W-4 for next year if your filing status, exemption allowances or exempt status has changed since the last filing of your Form W-4. The forms are available under Your Benefit Source or at the Human Resources department. Please return completed forms to HR.

Condolences Heartfelt condolences go out to **Vicki Archer** (Diagnostic Radiology) on the passing of her father and **Cheryle Spivey** (Nutrition Services) and **Cassandra Spivey** (Valet Services) on the death of their brother-in-law and uncle, respectively. Sympathies also go to **Tara Furgason** (Community Support Program) who recently lost her grandmother as well as to **Mary Anne Carroll** (RYC Support Services) and **Lynn Uzelac** (Cardiac Stepdown) who are mourning the loss of their respective fathers-in-law.

Sam's Club shopping Get some holiday shopping out of the way by bringing a guest or your immediate family to Sam's Club on Elmore Avenue in Davenport from 7-9 p.m., Sunday, Dec. 9, as part of an invitation-only after-hours event for Trinity employees. A complimentary gift bag will be awarded to the first 100 employees in attendance. Nachos, cake and punch will be served at 7:30 p.m.

Win 10,000 for weight loss Beginning Jan. 4 Trinity's Live Well initiative will begin a 3-month weight loss challenge that will award \$10,000 for first, \$5,000 for second and \$3,000 to third-place teams. Each person on a team of five can join for only \$20 a month (\$60 total). To encourage healthy weight-loss, there will be a 1.5 percent weight-loss cap per week and a 16.59 weight-loss cap overall. Weight verification is done once at the beginning and once at the end. For more information, contact wellness dietitian **Jeni Tackett** at TackettJ@ihs.org or (309) 779-2474. Register online at www.healthywage.com/clients/Trinity.

Movin on up Congratulations to **Susan Eyrich** who has taken on the role of Accounting Manager as of Dec. 3. Trinity also welcomes back **Tom Neuberger**, who will rejoin the Finance department in the role of Decision Support/Financial Reporting Manager.

W-2 notification The last check of 2012 will be for pay period ending Dec. 16, 2012, payable on the check date of Dec. 21, 2012. Please review your name, social security number and address in Your Benefit Source to verify your information is correct for W-2s. W-2s are mailed to your home address by this information, so it is very important to update your address or any other information. Trinity is required to mail W-2s by Jan. 31, 2013. W-2s are printed in mass and special requests for early W-2s cannot be accommodated. If you have not received your W-2 by Feb. 6, 2013, you may fill out a request form for a reissued copy, which is available via the Trinity Intranet under Forms and Documents.

10 weeks to wellness Sign up now for the Live Healthy Iowa 10-Week Wellness Challenge formerly the 100-Day Challenge, held from Jan. 28-April 5, 2013. For only \$20 you will receive a t-shirt, one-year magazine subscription, weekly motivational emails, a personal online tracking page, unlimited access to recipes, workouts and health information on the LHI website and a chance to win prizes, including a cruise! Stop by Hy-Vee after Jan. 3 or go to www.Hy-vee.com after Dec. 15 to receive a \$5 off coupon. Teams can include anywhere from two to ten members. For more information, contact **Stacia Carroll** at (309) 779-247 or CarrolSM@ihs.org.

Need someone to listen? Contact EAP at 779-2273 or (800) 383-7900 for a FREE and confidential consultation.

Want to share a tidbit? Send ideas to tidbits@ihs.org. The next Tidbits comes out on Friday, Dec. 21. Content deadline is noon on **Wednesday, Dec. 19**.